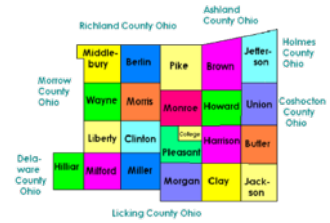


KNOX COUNTY COVID-19 RESOURCES FOR THE LONG HAUL



local organizations

MEDICAL QUESTIONS ABOUT COVID-19?

CALL (740) 399-8014, 8:00-NOON (M-F)



Knox Public Health
Stay up to date on vaccination information when it comes.

General questions: 740-392-2200 or info@knoxhealth.com
Live Video Noon Wednesdays Covid-19 Update for Knox on [Facebook](#).



Knox County Community Health Centers in Mt Vernon and Danville. By appointment, call 740-399-8008.

Knox Community Hospital
(740) 393-9000. Call for current information regarding requirements for appointments and availability of visitation. Online resource: www.kch.org/patient-care/covid-19-patient-resources



United Way of Knox County
Excellent for information on Covid-19, volunteer needs, and advice for life.

DOMESTIC ABUSE

New Directions Domestic Abuse Shelter and Rape Crisis Center. Call (740) 397-4357 or visit <https://newdirectionsshelter.org/>

helpful newsletters

United Way of Knox County Newsletter features activity lists for kids, including Imagination Library, and free books for children 5 and under. Sign up at <https://www.uwayknox.org/news>

Knox County Health Department Covid-19 newsletter free via email; updated frequently, excellent compilation of all info for Knox County including closings, DMV, and much more. Sign up: email mwhitaker@knoxhealth.com and request to be added.



2-1-1 CRISIS HOTLINE

2-1-1 is the number to dial when you want to be connected to a wide variety of social, human and governmental services.

By Phone: 2-1-1 connects you to all the information and resources you need. It is available 24/7 all year round. When you call, the trained and compassionate responder will identify information and resources to address the needs or concerns that you have. Your call is confidential and the responder knows how to navigate through and quickly access the complex community resources that match your need. Dial 2-1-1 on your phone.

2-1-1 can connect you to resources for:

- Food (meals, food pantries, other)
- Housing/Shelter
- Domestic Abuse
- Financial Assistance (housing, utilities, etc.)
- Transportation
- Employment and Income Support
- Health, Dental, and Mental Health
- Legal Assistance Parenting
- Money Management

By TEXT: In a text, enter your zip code and send it to 898211. You can then ask your question or request information.

By website: <https://pathwaysofcentralohio.com/2-1-1-crisis-hotline-information-center/> Click to access services, enter your zip code. The easiest way is to use the guided search using the top 20 services.

financial resources

- **Job and Family Services:** Eligible residents can receive cash assistance, medical benefits, or food assistance. Call 844-640-6446 or visit <https://benefits.ohio.gov/index.html?lang=>
- **Coronavirus and Unemployment Insurance Benefits Resource Hubs** <https://unemploymenthelp.ohio.gov/>
- **WIC Food assistance** program for women, infants, children; income determined 740-392-2200, Ext. 2256
- **Federal payments:** If you did not file a tax return in 2018 or 2019, you may be eligible for a one-time payment from the IRS of up to \$1,200. Go to www.irs.gov/coronavirus/non-filers-enter-payment-info-here. Or call 800-829-1954.

Please note: We recommend calling first to confirm hours/locations.

food support

Prescription and Grocery Delivery for seniors and individuals at risk for coronavirus. Call 740-485-5002 for info. Provided by Knox County Transit and Knox County Community Chaplains.

FOOD ASSISTANCE SITES

Amity Bent & Dent Groceries (16491 Wooster Rd) 740-392-1001. Daily 8 AM – 4PM.

Bladensburg, Center of Hope Knox County (25821 New Guilford Rd) 740-200-0689. Monday-Thursday. Call to schedule an appointment.

Centerburg Church of God (4697 Columbus Rd) 740-625-6294. Third Saturday of the month. Call ahead to confirm pantry times and procedures.

Danville Interchurch Social Services (304 South Market St) 740-599-5673. Monday-Thursday by appointment, 10:00am-3:00pm.

Fredericktown Interchurch Social Services (69 North Main St) 740-694-8110. Monday-Thursday by appointment.

Martinsburg Say a Prayer Ministries, In Joy Food Pantry (166 E Liberty St) 740-507-7266. Third Saturday of the month, 12-2pm.

Mount Vernon Interchurch Social Services (306 W Gambier St) 740-397-4825. Daily, 9:00am-4:00 pm, by appointment.

Mount Vernon Apostolic Christian Church (1635 Old Delaware Rd) 740-393-1676. First Thursday of the month, 12:30-3 pm.

Mount Vernon Chaplain's Corp (209 N Mulberry St) 419-455-5616. Thursdays, 12-4:30 pm.

Mount Vernon Covenant Christian Church of God (13360 New Delaware Rd) 740-392-5902. Thursday: 10:00am-12:00pm; Second Saturday: 10:00am-12:00pm.

HOT MEAL SITES

Fredericktown

- Fredericktown United Methodist Church (123 Columbus Rd.) Wednesdays, 5:00-6:00pm.
- First Presbyterian Church (17 South Main Street) Fourth Mondays, 5:30-6:30pm.

Mount Vernon

- St. Paul's Episcopal Church (101 East High St) Sundays, 5:00-6:00pm.
- 102 North Gay St. (102 North Gay St). Mondays, 5:30-6:30pm.
- First Congregational United Church of Christ (200 North Main St). Tuesdays, 5:30-6:30pm.
- First Church of the Nazarene (807 Coshocton Ave). Wednesdays, 5:30-6:30pm.
- The Salvation Army (206 E Ohio Ave). Thursdays, 5:30-6:30pm.
- Gay Street United Methodist Church (102 North Gay St). Fridays, 5:30-6:30pm.
- Mount Vernon Seventh Day Adventist Elementary School (221 Sychar Rd). Saturdays, 5:30-6:30pm.

parenting

Parent Resources for Early Learning: <https://www.infohio.org/>

Public Library of Mount Vernon and Knox County Children's Page: www.knox.net/children.html

Parent Support Initiative of Knox County on Facebook: www.facebook.com/PSIKC/ or call 740-397-2840.

SPI (Science and Play Intersect) on Facebook: www.facebook.com/spisport/

fitness

KCH Wellness Center videos: https://www.youtube.com/channel/UCy7SY8IH44JgKhtoT_Ws2bg/featured

From the Ohio COVID-19 checklist: Go outdoors. Go for a walk or hike or visit a park. Walk your dog. Sit outside to get some fresh air. (Remember to wear sunscreen.) Prepare or plan for your spring garden.

Knox County Parks: 740-392-7275 or <https://knoxcountyparks.org/> for maps of the parks. See Activities or Newsletter sections for ideas for children and families.

how to help

Follow health and safety guidelines from Knox Public Health: <https://www.knoxhealth.com/index.php/public-health-issues2/infectious-disease/coronavirus>

Check on your neighbors, especially the elderly and those who are vulnerable, and make sure they're OK, always keeping 6 ft away.

Donate to the [United Way](#) or the [Knox Community Foundation](#). Both groups support local nonprofits that benefit us all.

Red Cross Blood Drive: To donate blood, schedule local appointment online at RedCrossBlood.org; to help with blood drive, email Becky.Glass@RedCross.org

Make and Donate face masks: Find directions and drop-off points at <https://www.kch.org/news/notice/local-health-officials-seek-donations-use-knox-county>

Become a medical volunteer at Knox Community Hospital: <https://www.kch.org/news/notice/medical-volunteers-needed>

Avoid purchasing WIC designated products at the grocery store. Leave them for WIC customers. WIC/W will be printed on the price strip

Support local businesses: buy gift certificates from restaurants, hair salons, book stores and gift shops, and more.

If you can't find the info you need here, please call 2-1-1 (see opposite side of this flyer) and ask for assistance.